

**Psalms 34:8 “O taste and see that the Lord is good: blessed is the man that trusteth in him.”**

Anorexia is a medical term or condition referring to a “Loss of Appetite.”

I often say, *“If you lose your spiritual hunger and thirst you lose everything.”*

Matthew 5:6 “Blessed are they which do **hunger** and thirst after righteousness: for they shall be filled.

Twenty seven (27) times the word hunger is mention in the King James Bible.

The word Hunger in Hebrew is “Raw-awb” means death, famine, famished, hunger. ; “Raw-abe” which means suffer to hunger.

The word Hunger in Greek word is “Pi-nah-o” which means to crave.

**Danger Signs** that says “Caution You Are Losing Your Hunger”:

- **Reluctance** For The Things Of God Such As:
  - Fellowship - Sunday Worship, Prayer Meetings, Home Fellowships and other form of meeting and assembling of ourselves together that promotes spiritual growth, worship, and study of the Word of God.
  - Personal Prayer Life, Worship & Bible Reading -

*Proverbs 27:7 “The full soul loatheth an honeycomb: but to the hungry soul every bitter thing is sweet. ~Loath means unwilling, reluctant, or disinclined.”*

- Lack of **Passion** - Passion means an **intense desire**. (*Revelation 3:6*) We cannot be lukewarm christian. We need to always have the intense passion to serve and live for God.

*Proverbs 13:12 “...when desire cometh, it is a tree of life.”*  
*Proverbs 13:19 “The desire accomplished is sweet to the soul...”*

- Losing **Excitement** - Nothing that would get us to be more excited in serving God than the first love and hunger that we had when we first receive the Holy Ghost. When we stay hungry to KNOW Jesus more and more, and to learn of Him, and to walk with Him, you will always be excited in serving God.
- **Aversive** To Unity - If you always find yourself in strong opposition against anything that promotes spiritual growth. This is a danger sign that says my personal perspective is greater than the cause of greater revival. *“Nobody is above the cause of Christ.”*

*Ephesians 4:11-13 “And he gave some, apostles; and some prophets; and some, evangelists; and some, pastors and teachers; For the perfecting (maturing) of the saints, for the work of the ministry, for the edifying of the body of Christ: Till we all come in the UNITY of the Faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ.”*

- **Boredom** in worship & serving God - Having overfamiliarity to worship is a very dangerous place to be. Just going to the flow, worst is if you think you just want to please men. “We are saved unto good works and NOT by good works”.
- **No-Growth** - Stagnation is not fun. Stagnant water is inactive, sluggish, slow-moving, lacking in energy, lifeless, static, motionless, depressed, declining, dying if not dead, dormant, no-progress and no-growth. *“If you stop growing you stop living.”* God never intend for us to be a reservoir of water but a lively, flowing, running water. Illustration: Tale of Two Seas, The Sea of Galilee, and The Dead Sea.  
[https://www.youtube.com/watch?v=\\_INJFI3HvtI](https://www.youtube.com/watch?v=_INJFI3HvtI)

Source: Jordan River	Source: Jordan River
Is Teeming with Life	No Life at All, Toxic & Bitter
27 species of Fish, some unique only to it.	
Shores are full of birds & lush w/ vegetation	

--- How could two seas, fed by a single source be so different? The answer is: Sea of Galilee receives water at one end and gives out water at the other. Dead Sea receives water and keeps it all within itself.

*"Movement means life: If There is Movement, there is Life.*

*"If there's no movement, there is no life, there is no growth and no improvement."*

*"To stay blessed, you need to keep the blessings flowing."*

*"Stay hungry to give, and enjoy the flowing blessings in your life."*

*Psalms 1:3 "And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall wither; and whatsoever he doeth shall prosper.*

- Thought of **Isolation** - There is no worst counselor than isolation. A christian man is never alone for he has a promise from Jesus, *".. Lo I am with you always, even unto the end of the world. Matt.28:20"*. You can be alone with God but never isolated.

*"A man's spiritual foundation is built in solitude with God, and not in isolation with yourself."*

*Proverbs 18:1(ISV) "Whoever isolates himself pursues selfish ends; he resists all sound advice."*

No matter the situation, always remember that you are never abandoned, never forsaken, and never forgotten.

- Becoming Spiritually **Lazy** - There is this phrase that says, "A hardworking sloth..." A christian must be a hard working man in a physical sense but covetousness, striving for wealth are truly just all a worthless pursuit when everything's all said and done. We can never be lazy when it comes to our spiritual life. We can only have results or excuses but not both.

*Proverbs 19:5 "Slothfulness casteth into a deep sleep; and an idle soul shall suffer hunger. ~Slothful or lazy."*

- Lack of **Enthusiasm** - Enthusiasm is best caught rather than taught, is a good contagious habit that needs to be spreaded out to the whole church. This is built upon a deep joy within our soul, knowing and assurance by faith, with an expectation that revival is surely to happen, and is upon us.

~The bible term fervent means - fervent [fur-vuh nt] Thesaurus.com - adjective

1.having or showing great warmth or intensity of spirit, feeling, **enthusiasm**, etc.; ardent: a fervent admirer; a fervent plea.

2.hot; burning; glowing.

*Romans12:8 "(For us not to be lazy, or...) Slothful in business; **fervent** in spirit serving the Lord.*

*Acts 18:24-25 "And a certain Jew at Alexandria, an eloquent man, and mighty in the scriptures, came to Ephesus. This man was instructed in the way of the Lord; and being **fervent** in the spirit, he spake and taught diligently the of the Lord, knowing only the baptism of John.*

"...Enthusiasm can only be aroused by two things; first, an ideal which takes the imagination by storm, and second, a definite intelligible plan for a carrying that ideal into practice." — Norman Vincent Peale, Enthusiasm Makes the Difference

- You no longer **Crave** for God's presence - Nothing more miserable than a life without the presence of God.

*Job 21:7-15 Wherefore do the wicked live, became old, yea, are mighty in power? Their seed is established in their sight with them, and their offspring before their eyes. Their houses are safe from fear, neither is the rod of God upon them. Their bull gendereth, and faileth not; their cow calveth, and casteth not her calf. They*

*send forth their little ones like a flock, and their children dance. They take the timbrel and harp and rejoice at the sound of the organ. They spend their days in wealth, and in a moment go down to the grave. Therefore they (this wicked) say unto God, Depart from us; for we desire not the knowledge of thy ways. What is the Almighty, that we should serve him? And what profit should we have, if we **pray** unto him? ~This is the big problem when people thought they got it altogether!*

“...let me not lose what I'm craving for, let it be that i died on the way than retreating from getting it.” — M. Bassey Johnson

We were created for God's pleasure, so we WORSHIP.  
We were formed for God's family, neglect not FELLOWSHIP.  
We were saved to become like Christ, commit to DISCIPLESHIP.  
We were shaped for serving God, do the MINISTRY.  
We were made for a mission, continue on EVANGELISM.

*-- Please answer spiritual assessment on next page.*